

S2C EVENT RULES

- 1) Entry denotes acceptance and adherence to these rules by all participants.
- 2) All participants must be competent and confident in handling their craft.
- 3) If any entrants are aged under 18 years old, they must *always* be accompanied and supervised by a responsible adult registered to take part in the event (either by sharing a craft or paddling alongside at all times).
- 4) All participants must be prepared, fit and able enough to take part. Physical assistance from our volunteer marshals or others cannot be expected.
- 5) All participants will wear a life preserver/buoyancy aid whilst on the water or be deemed to have withdrawn from the event.
- 6) A 'waterways licence' is required to paddle on the River Stour and entrants must be able to verify they are covered by one of the options below:
 - a) Paddle UK 'On the Water' Membership
 - b) Environment Agency Craft Registration
 - c) 'S2C Paddle Pass' (ticket selection or subsequent purchase)
 - d) Hire of licensed craft from Fluidity (S2C Official Hire Partner)
- 7) Any craft entry without valid and acceptable proof during the event must purchase a 'Paddle Pass'. This is refundable (less £3 admin fee) subject to valid and acceptable proof being presented within 5 days after the event.
- 8) We advise participants to keep clear of weirs and sluices.
- 9) Most portages are over private property - do not trespass. Only portage at the official portage points (refer to navigation guidance and route signage).
- 10) **Participants must check in and out at each and every checkpoint.** If you cannot leave a checkpoint by the designated time, you are deemed to have withdrawn.

	LOCATION	DEPART DEADLINE
Checkpoints DAY 1	Sudbury	No later than 10.30am
	Bures	No later than 2.30pm
Checkpoints DAY 2	Wissington (Rushbanks Campsite)	No later than 10am
	Stratford St Mary	No later than 3pm

- 11) If you are choosing to withdraw from the event:
 - a) At a checkpoint: please ensure checkpoint marshal is notified before you leave.
 - b) At unmarshalled location: contact S2C emergency number as soon as possible.

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- 12) Please follow advice and guidance to help ensure a safe and enjoyable event for everyone. You must not do anything (or omit to do anything) which may cause damage or loss to any property or facilities, to other participants or cause nuisance, annoyance, disturbance, inconvenience, or injury to any other persons.
- 13) Failure to follow rules and guidance or any conduct that disrupts the event or causes distress to others will not be tolerated and is understood to lead to immediate expulsion from the event.
- 14) Watch out for submerged obstructions or other hazards. Report urgent problems or incidents to S2C emergency number. Ideally, use [What3Words](#) to pinpoint location.
- 15) Please take every opportunity to wash your hands properly with soap and water. Although the usual toilet and hand washing facilities will be available at the checkpoints; we suggest that all participants also bring along hand sanitiser gel.
- 16) Weill's Disease (Leptospirosis) - www.nhs.uk/conditions/leptospirosis/. Everyone should be aware of this potentially fatal infection. Transmission is usually through an open wound or abrasion but can also be caused by ingestion of contaminated water. Symptoms are often akin to flu symptoms and, if untreated, can be fatal. If you feel ill after paddling, you should tell your doctor as soon as possible and let them know where and when you have been on the water.
- 17) There will be staggered time slots for launching on Saturday morning to help reduce overcrowding and expedite the registration process. Please aim to arrive 10 minutes before your launch timeslot so we can efficiently manage this process. Delays are possible if you arrive outside your timeslot.
- 18) Remember that boating is an 'assumed risk' sport - you paddle at your own risk. The River Stour Trust will make every effort to assist you to enjoy this event - however no liability can be accepted for any loss, injury, or damage, however caused.
- 19) Please do what you can to support the Check-Clean-Dry scheme and prevent non-native species entering our waterways:
www.nonnativespecies.org/checkcleandry/
- 20) We may occasionally take photos of participants for publicity purposes, including for use on our website and social media, and in submitting your booking you are indicating your consent unless you tell us otherwise either in writing (letter or email) or in person.
- 21) The River Stour Trust reserves the right to cancel or postpone the event if circumstances beyond our reasonable control will negatively impact on safety or viability of the event.
- 22) Early departure, voluntary withdrawal, or removal by event organisers does not entitle the entrant to any refund, partial or full.