

S2C 2022 INFORMATION PACK



S2C Emergency Contact - Seb 07743 183502

This pack contains:

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We support the check-clean-dry campaign to stop the spread of non-native species on our rivers and waterways. **Please ensure your boat is clean before you arrive at the start!** More details of the scheme can be found at <http://www.nonnativespecies.org/checkcleandry/>



River Stour Trust

River Stour Trust
Registered Charity No. 257806
Preserving the Stour For You

The River Stour Trust (RST) is a registered charity, led by volunteers dedicated to the restoration and conservation of the River Stour Navigation for the benefit and enjoyment of the public. The RST was set up on 12th September 1968 to fight the proposed closure of navigation on this historic river.

An act of Parliament in 1705 was passed making the River Stour (Stour) navigable from Sudbury, Suffolk to Manningtree, Essex - making this waterway one of the country's earliest statutory rights of navigation. A public right of navigation remains today and is administered by the Environment Agency. However, many of the locks have disappeared and through navigation (a distance of approximately 25 miles/37 km) is only achievable by craft that can be portaged such as canoes, kayaks and SUP's.

The RST is dedicated to protecting and enhancing the right of the public to navigate the River Stour. We seek to reinstate through navigation, improve river access points and campaign for a change to the byelaws to permit small, electric boats on the whole stretch of the River Stour. We share our knowledge and enjoyment about the river's history, present and future through our activities including boat trips, events and educational activities. Our aims and objectives are dedicated to the Restoration, Conservation & Education of the Suffolk & Essex River Stour Navigation for the benefit of everyone.

Sudbury to the Sea has been an important event on the RST calendar since the 1970s when a small group of paddlers would take to the water to ensure that the Navigation was used and to note any problems on the river. It was rebranded as Sudbury to the Sea (S2C) in 2005 and a few years later it was agreed to set attendance to a maximum of 300 craft. We thank you for supporting us and hope you enjoy the weekend.

We could not exist without our members and supporters. You can continue to help us by joining as a member, making a donation, and/or supporting our activities and events. This river has a long history which we hope you will help us preserve. **FIND OUT MORE AND PLEASE CONSIDER JOINING US AS A MEMBER!**



riverstourtrust.org



/RiverStourTrust
/Sudbury2theSea
/GranaryQuayLane



@RiverStourTrust
@RSTS2C



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S2C Emergency Contact Number: 07743 183502

2022 S2C RULES

- 1) Any craft used during the event must be registered for navigational use for the duration of the event. This can be achieved by one of the following options:
 - a) British Canoeing 'on the water' membership (held by at least one participant in the craft).
 - b) Environment Agency craft registration (previously purchased or via S2C booking process).
 - c) Official S2C Hire Partner craft is being used.
- 2) Please ensure you can verify your craft is registered for navigational use. Any craft entry determined to be without valid and acceptable proof at any point during the event must purchase an EA craft registration.
 - a) Please note: purchases via S2C are potentially refundable (less £2.60 admin fee) should valid and acceptable proof of alternative registration be presented before 2pm on 13/09/22.
- 3) All participants must be competent and confident in handling their craft. A responsible adult must accompany children either by sharing a craft or paddling alongside.
- 4) All participants will wear a life preserver/buoyancy aid.
- 5) We advise participants use the official portages and keep clear of weirs and sluices. You might find it useful if your craft has a painter (a rope that is attached to the bow of a boat).
- 6) All participants must be prepared, fit and able enough to use the portages. Physical assistance cannot be expected from our volunteer marshals or others cannot be expected.
- 7) Most portages are over private property - do not trespass. Only portage at the official portage points (as described in 'S2C Route' document, on EA Navigation map and signage).
- 8) You are advised to keep in sight of other craft as far as possible. Our designated sweepers are the last to depart and will adhere to the checkpoint departure times.
- 9) Participants must check in at every checkpoint. This is essential, failure to do so could result in a search being made. If you don't leave checkpoints by designated times, you are deemed to have withdrawn from the event.

	LOCATION	DEPART TIME
Checkpoints DAY 1	Sudbury	No later than 10.30am
	Bures	No later than 2.30pm
Checkpoints DAY 2	Wissington	No later than 10am
	Stratford St Mary	No later than 3pm

- 10) If you are choosing to withdraw from the event:
 - a) At a checkpoint: please ensure the checkpoint marshal is notified before you leave.
 - b) Any other permissible location: contact our emergency number/s as soon as possible.
- 11) Unfortunately, there are no refunds if you withdraw before or during the event.
- 12) Please follow advice and guidance to help ensure a safe and enjoyable event for everyone. Anti-social and/or drunken behaviour will not be tolerated and can lead to expulsion from the event.
- 13) Watch out for submerged obstructions or other hazards. Report any urgent problems or incidents to our emergency number/s. If possible, pinpoint location using What3Words app.
- 14) **Weill's Disease (Leptospirosis)** - all water users should be aware of this potentially fatal infection. Transmission is usually through an open wound or abrasion but can also be caused by ingestion of contaminated water. Symptoms are often akin to flu symptoms and, if untreated, can be fatal. If you feel ill after paddling, you should tell your Doctor as soon as possible and let them know where and when you have been on the water. More info: <https://www.nhs.uk/conditions/leptospirosis/>
- 15) Please take every opportunity to wash your hands properly with soap and water. Although toilet and hand washing facilities will be available at checkpoints; we suggest all participants bring their own hand sanitiser gel.
- 16) There will once again be staggered time slots for launching on Saturday morning to help mitigate overcrowding and expedite the registration process. Please aim to arrive 10-15 minutes before your launch time so we can efficiently manage this process. Delays are possible if you arrive outside your timeslot.
- 17) Remember that boating is an 'assumed risk' sport - you paddle at your own risk. The River Stour Trust will make every effort to assist you - however no liability can be accepted for any loss, injury or damage, however caused.
- 18) Please do what you can to support Check-Clean-Dry scheme to prevent non-native species entering our waterways: www.nonnativespecies.org/checkcleandry/
- 19) The River Stour Trust reserves the right to cancel or postpone the event if circumstances beyond our reasonable control will negatively impact on safety.

2022 S2C MAIN LOCATIONS OVERVIEW

Here's an overview of main locations. Please be considerate of others and do not cause an obstruction.

OPTIONAL - FRIDAY Afternoon & Evening Craft Drop Off – The Granary, Quay Lane, Sudbury, Suffolk, CO10 2AN

4pm-9.30pm - you can drop off your craft and equipment for overnight storage in the Scout HQ (overspill can be stored on Granary decking area). Please be careful driving down Quay Lane as it can be quite tight.

OPTIONAL – FRIDAY Evening - Rushbanks Farm Campsite, Bures Road, Wissington, Suffolk, CO6 4NA

Set up camp in advance? S2Cers have been designated the Top Field (**refer to 'RUSHBANKS CAMPSITE' section**).

SATURDAY Morning & Registration – The Granary, Quay Lane, Sudbury, Suffolk, CO10 2AN

Staggered launch times will help us manage the flow of traffic and participants! We are selling hot drinks and bacon butties are back this year! You can arrive 10 minutes before your designated launch time slot. Please be careful driving down Quay Lane as it can be quite tight. Our volunteer team will direct you into the Quay Lane car park. We must ask vehicles to leave the car park after drop off to avoid congestion. The nearest long stay car park is Station Road Car Park (AKA Kingfisher Car Park). It's about 3 hours paddling before the Bures checkpoint & lunch stop.

SATURDAY Lunch & Checkpoint – Bures Recreation Ground, Nayland Rd, Bures, CO8 5BX

Small, free car park is adjacent (also nearest road exit). Bures Scouts are back this year with drinks and a BBQ. We expect Vitalina's Icecreams to make an appearance too!

OPTIONAL – SATURDAY Evening

Camping at Rushbanks Farm Campsite, CO6 4NA

Meal at (A) Nayland Anchor Inn, CO6 4JL ~ (B) Wormingford Crown, CO6 3AB ~OR~ (C) Elsewhere!

Campers can enjoy their own grub on site or find somewhere local - Rushbanks have some suggestions on their website (www.rushbankscampsite.co.uk/amenities). Our suggestions are Wormingford Crown (www.thecrownwormingford.co.uk/) or Nayland Anchor Inn (www.anchornayland.co.uk/). The Anchor has a 10% discount for S2Cers but you MUST pre-book! A shuttle bus service is arranged for the Anchor Inn only (**refer to 'SHUTTLE BUS' section**).

SUNDAY Morning Checkpoint & Day 2 Start - Rushbanks Farm Campsite, CO6 4NA

Breakfast on the go – (A) Queen Bee Coffee ~ (B) Nayland Anchor Inn ~ (C) Wormingford Crown

Those who camped can choose to pack down their tent now or later. Have a comfort break now – it's a long paddle until your next opportunity! Queen Bee Coffee will be on site from 7am and we recommend contacting her by deadline of 8pm on Friday to pre-order breakfast pastries and/or lunch items. The Nayland Anchor Inn are also offering to sell bacon baps to those paddling by or you can pre-order breakfast from Wormingford Crown for 8am-9am delivery to the campsite! (**refer to 'FOOD & DRINK' section**).

SUNDAY Lunch & Checkpoint – Lower Street, Stratford St Mary, CO7 6JR

You can bring along your own food or pre-ordered Queen Bee Coffee goodies. We are delighted that Sudbury Scouts are joining us this to offer drinks and a BBQ – they will be located by the Pumping Station.

SUNDAY brief stop? – Flatford, CO7 6UL

Friends/family could see you here – parking is 200 yards from Bridge Cottage in the National Trust car park. It may fill quickly on busy days! This is a hotspot for Constable Country visitors so might be best to paddle on through!

SUNDAY Afternoon – Cattawade Picnic Site, CO11 1QW

Certificates, hot drinks and any remaining edible treats will be on offer to finishers! Please do not drive down the lane unless given the go ahead by our S2C marshals. We need to prioritise access along this small single lane track for craft retrieval only, in case of emergencies and minimising congestion on the site. A shuttle bus service (first come, first served!) will be available to transport a limited number to the campsite and onto Sudbury (**refer to 'SHUTTLE BUS' section**).

RUSHBANKS CAMPSITE

END OF DAY 1 LOCATION – OPTIONAL CAMPING



Rushbanks Farm Caravan & Camping Site
 Bures Road, Wissington, Suffolk, CO6 4NA
 What3Words: ///unloading.clinic.caravans
<https://rushbankscampsite.co.uk/>

S2C pitches are reserved in the top field for those choosing to camp overnight -do not contact campsite to book!

If you have elsewhere to stay, simply return to depart before 10am on Sunday.

BUT do book if you instead want to use the main site where campfires - using Rushbanks firepits only – are permitted.

FRIDAY 9 SEP 2022 Access is permitted for those wishing to set up in advance for convenience (unoccupied pitch fee applies). Please adhere to the on-site signage and set up in the top field (you pass alongside it when driving down the campsite access road).

SATURDAY 10 SEP 2022 A hot drink and bun awaits you! Please let us know in advance about any food allergies or dietary requirements so can do our best to accommodate you. Now take a moment to set up camp and either enjoy your own food on site or visit somewhere local? Rushbanks have some suggestions but we recommend Wormingford Crown (www.thecrownwormingford.co.uk/) or Nayland Anchor Inn (www.anchorayland.co.uk/). The Anchor has a 10% discount for S2Cers (but you MUST pre-book! A shuttle bus service is arranged for the Anchor Inn (refer to 'SHUTTLE SERVICE' section) with tickets available during registration on Saturday morning or at the refreshments stall near 'Sunset Corner' at the campsite (located on the riverbank by the showers & swings).

SATURDAY EVENING CAMPERS - PLEASE REMEMBER:



You must comply with campsite terms & conditions:

www.riverstourtrust.org/wpcontent/uploads/2022/09/RushBanks-S2C-Camping-Information.pdf

If you are at the campsite, please be considerate and do not disturb, perturb or any other type of 'urb' your fellow campers! All S2Cers need a good night's sleep ready to enjoy paddling the next day!

SUNDAY 11 SEP 2022 The wonderful Queen Bee will have fresh coffee on hand to provide that dose of caffeine as well as cold drinks. You can also pre-order food pasties and/or lunch items by 8pm on Friday 9 Sep (refer to **QUEEN BEE MENU** section). Please make sure to use the toilets at the campsite before you set off because it is a long paddle until the next definite toilet stop at Stratford St Mary!

The resident campsite warden will visit you to collect camping fees – CASH ONLY!

Campsite warden will visit your pitch after 16.00 to check you in and tag your accommodation

S2C Top Field Pitch Charges

DO NOT contact the campsite to book!

**Area is reserved for S2C
 No campfires allowed**

- £15 per tent/camper/caravan
- £7.50 unoccupied per tent/camper/caravan

Main Campsite Usual Pitch Charges

The main campsite allows campfires - using Rushbanks firepits only - and has two bell tents available to hire.

Please use their booking system below to guarantee your place on the main campsite (as opposed to the field allocated for S2C). Make sure to mention S2C during booking process. Book early to guarantee your spot. Book online: <https://rushbankscampsite.co.uk/book>

2022 FOOD & DRINK OVERVIEW

MENUS & LINKS ON WEBSITE:

WWW.RIVERSTOURTRUST.ORG/EVENTS/SUDBURY-TO-THE-SEA-OVERVIEW/S2C/S2C-CURRENT/



FOOD & DRINK OUTLETS

MENUS & LINKS ON WEBSITE:

WWW.RIVERSTOURTRUST.ORG/EVENTS/SUDBURY-TO-THE-SEA-OVERVIEW/S2C/S2C-CURRENT/

SATURDAY - DAY 1 - KEEP TO CHECKPOINT TIMES!

SATURDAY DAY 1	Location / Supplier	Overview	Payment	Extra
Breakfast	The Granary (start location)	Bacon/Vegi/Vegan Sandwich. Hot Drink	Cash/Card	8am-10am. You need to leave by 10.30am.
Lunch	Bures (checkpoint)	BBQ & Drinks	Cash only	Bures Scouts. Checkpoint closes at 2:30pm.
Tea Break	Campsite (checkpoint & end of day 1)	Cuppa & Bun	N/A	River Stour Trust will try to have alternatives based on known dietary requirements.
Supper	Nayland Anchor Inn	Restaurant menu	Cash/Card	10% food discount. You must book a table. Shuttle Bus arranged.
Supper	Wormingford Crown	Restaurant menu	Cash/Card	Make your own way.

SUNDAY - DAY 2 - KEEP TO CHECKPOINT TIMES!

SUNDAY DAY 2	Location / Supplier	Overview	Payment	Extra
Breakfast	Campsite (day 2 start & checkpoint)	Freshly brewed drinks & Pastries *pre-order food*	Card only	7am-10am. Order food items by 8pm on Fri 9 Sep! Checkpoint closes at 10am.
Breakfast	Wormingford Crown	Refer to menu *pre-order for delivery to campsite*	Cash/Card	Visit from 8.30am. Pre-order for delivery 8am-9am. Checkpoint closes at 10am.
Breakfast	Nayland Anchor Inn - from the river!	Tea, Coffee, Orange Juice, Apple Juice, Bacon Baps	Cash/Card	From 8.30am. Order and collect as you paddle by! Checkpoint closes at 10am.
Lunch	Stratford St Mary (by the Pumping Station)	BBQ, Pasta & Drinks	Cash/Card	Sudbury Scouts. Checkpoint closes at 3pm.
Lunch	Queen Bee	Collect pre-order at campsite *pre-order*	Card only	Order food by 8pm on Fri 9 Sep! Pick up order from campsite.
Tea Break	Cattawade - (Finish checkpoint)	Cuppa & Biscuits	N/A	River Stour Trust will try to have alternatives based on known dietary requirements.

2022 SHUTTLE BUS



S2C 2022
SHUTTLE BUS



Please obtain your ticket from River Stour Trust (RST) volunteers either during registration at The Granary on Saturday morning or our refreshment area at the campsite on Saturday afternoon.

Tickets do not have specific times – first come, first served.
No refunds! Anyone deemed over the alcohol limit will not be carried.

SATURDAY 10 SEPTEMBER		
CAMPSITE > NAYLAND ANCHOR INN		
Bus to pick up and drop off at top of the lane at the campsite		
£4.00 pp - 16-person capacity per trip		
First Trip (from campsite)	18:30 (6:30pm)	Continuous shuttle approx. every 20 mins
NAYLAND ANCHOR INN > CAMPSITE		
First Trip (from pub)	20:00 (8:00pm)	Continuous shuttle approx. every 20 mins.
LAST BUS (from pub)	22:30 (10:30pm)	ANYONE DEEMED OVER THE ALCOHOL LIMIT WILL NOT BE CARRIED.
SUNDAY 11 SEPTEMBER		
CATTAWADE > CAMPSITE		
Bus to pick up and drop off at top of the lane		
£6.00 pp - Capacity 15 people per trip		
First Trip	15:30 (3:30pm)	Bus will return to Cattawade
Second Trip	16:30 (4:30pm)	
CATTAWADE > CAMPSITE > SUDBURY		
£8.00 pp - 15-person capacity		
LAST BUS stops off at campsite then onto Sudbury	17:30 (5:30pm)	One way to Sudbury with brief stop via campsite then continues to Station Road/Kingfisher Car Park

DAY 1 – SATURDAY 10 SEPTEMBER

ROUTE GUIDE & INFORMATION

Distances from Sudbury (miles): 1) Cornard Mill - 1 2) Henny Street - 2.4 3) Pitmire Lock - 3.8 4) Bures Mill - 7.4 5) Wormingford Mill - 9

ICON KEY  CHECKPOINT

 TOILETS

 FOOD / DRINK

 PORTAGE

EVENT START POINT - THE GRANARY, CO10 2AN (8:00am-10:30am)



The Entry List confirms the Saturday launch time slot and entry number for each craft and is ordered alphabetically by Primary Paddler surname. The registration opens at 8am but earliest departure is 8:30am to allow our marshals to be in position whilst the last S2Cers are expected to depart by 10:30am.



After registration, comfort break and possibly a hot drink and bacon (or vegi sausage) sandwich, affix your entry number sticker to your craft in a place that will be visible to the riverside checkpoint marshals. Set off via the jetty next to the slipway. S2C Sweepers will follow you down the river, ready to chivvy you along if needs be but also to assist if you have a problem.



Great Cornard Portage and lock are on the left fork past the weir. The lock will be operated for a limited period. Treat weir with caution, beware of the side jet at high water levels.



Henny Weir Portage on the left via platforms. Please do not stop at the Henny Swan – They will be closed and it's far too soon into the journey for stopping! This weir should be treated with caution at all levels. Do **NOT** enter the Mill Pool straight ahead - strictly private!



Henny Regulator 0.5 metre drop, portage on the left bank.



Pitmire (Daws Hall) Landing stage on left. Carry around weir to launch from the landing stage. Take left hand channel below portage. Beware of concrete block immediately after the footbridge. The right bank is a nature reserve - strictly private!



Lamarsh Regulator Portage on left, via platforms.



DAY 1 HALFWAY POINT! BURES RECREATION GROUND, CO8 5BX *DEPART BY 2:30PM*

Exit via landing stage on the left-hand bank. **Please check in before stopping for lunch!**



BBQ items and drinks on sale from Bures Scouts Wwith Vitalina's Icecreams also coming along. Portaloos will be a short walk away. Several small shops and pubs in the village. A small, free car park is adjacent and the nearest road exit. **Check out no later than 2:30pm deadline.**



Bures Mill Do not use the fish bypass 100 metres upstream of the portage which is impassable. Portage at platform on the right and over bank. Avoid the sluice at all costs.



Wormingford Mill Portage is accessed by taking the right fork before the weir to the landing stage and follow fenced path through private garden. Steps and lower jetty may be slippery. Do not pass through the old lock chamber as this is highly dangerous.



DAY 1 FINISH POINT - RUSHBANKS CAMPSITE, CO6 4NA

Please check in upon arrival! Enjoy a well-deserved cuppa and bun from our refreshments area located near the checkpoint by sunset corner.



If you're camping, then enjoy your own food on site or perhaps visit somewhere local? We are recommending Nayland Anchor Inn (10% discount for S2C – you MUST pre-book!) and you can also purchase a ticket for the shuttle service (**refer to SHUTTLE SERVICE section**).



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DAY 2 – SUNDAY 11 SEPTEMBER

ROUTE GUIDE & INFORMATION

Distances from Sudbury (miles): 6) Nayland - 12.6 7) Boxted Mill - 16.1 8) Langham Weir - 16.6 9) Stratford St Mary - 19
 10) Dedham Lock - 20.5 11) Flatford Lock - 22.5 12) Brantham Lock - 23.6 13) Cattawade Bridge - 24.4

ICON KEY



CHECKPOINT



TOILETS



FOOD / DRINK



PORTAGE

DAY 2 START POINT - RUSHBANKS CAMPSITE, CO6 4NA (7:30am-10:00am)



Please ensure that you check out! The wonderful Queen Bee will have fresh coffee on hand to provide that dose of caffeine and you can also pre-order food for brekky and/or lunch by 8pm on Friday 9 Sep (refer to QUEEN BEE section). Please make sure to use the toilets at the campsite before you set off because it is a long paddle until the next definite

toilet stop at Stratford St Mary!

S2C Sweepers will once again follow you down the river, ready to chivvy you along if needs be but also to assist if you have a problem.



Wissington Mill

A triple weir - must be portaged. Landing stage on right bank behind reeds then down steep steps to landing stage. Do **NOT** portage left.



Nayland Village

Turn left before the large EA sluice ahead to pass through the tunnel under the A134. There are portage platforms on the right to pass the weir.



Boxted Mill

Portage on left, follow marked route through private garden. NO-ONE to use garden as a toilet or lunch stop; and no scrumping! Keep clear of the sluice.



Langham Flumes

A twin concrete channel full width of the river. Landing stage on right partially hidden by reeds. Rocks below flumes create fast flowing water past portage jetty where water is deep. Beyond here there are shallows and woody debris fish habitats.



Stratford St Mary, CO7 6JR *DEPART BY 3:00PM*

Please check in upon arrival! Take the left fork to visit the checkpoint – there is limited space here to leave craft stored whilst you stop for lunch and toilet facilities. Otherwise, the right fork will take you to the portage on the right at the end of the lock island.



Sudbury Sea Scouts are offering drinks and a BBQ around by the Pumping Station where the portaloos will also be located. Take the right fork and portage on the right at the end of the lock island. The lock might be operated for a limited period when you are ready to continue your journey!



3.00 pm deadline for leaving Stratford St Mary - remember to check out!



Dedham Lock

Portage jetty on left before Lock Cottage. Carry through the field behind Lock Cottage to re-launch in Mill Pond. **Dedham Lock remains unusable at this time.**



Flatford Lock, CO7 6UL

Portage on right before lock, past the lock to jetty beyond the low wall. The lock might be operated for a limited period. If stopping, please do not leave craft in the way of others! You can enjoy your own food, pre-ordered goodies from Queen Bee (**refer to QUEEN BEE section**) and/or visit Flatford NT Tea Room. Check out no later than 3:00pm deadline.



Judas Gap

About a mile downstream is a barrage across the river. Take left-hand channel.



FINAL FINISH

CATTAWADE PICNIC SITE, CO11 1QW – EVENT FINISH! CONGRATULATIONS!

Check in and collect your certificate! Enjoy a well-deserved cuppa from our refreshments area. Single lane track to site for craft retrieval only to prioritise emergency access and minimise congestion. Shuttle bus to transport a limited number to the campsite and onto Sudbury (**refer to 'SHUTTLE SERVICE' section**).



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S2C 2022 CRAFT ENTRY LIST