

**- ENTRY DENOTES ACCEPTANCE OF THESE RULES  
BY ALL PARTICIPANTS FOR THE DURATION OF THE EVENT -**

- 1) Any craft used during the event must be registered for navigational use for the duration of the event. This can be achieved by one of the following options:
  - a) British Canoeing 'on the water' membership (held by at least one participant in the craft).
  - b) Environment Agency craft registration (previously purchased or via S2C booking process).
  - c) Official S2C Hire Partner craft is being used.
- 2) Please ensure you can verify your craft is registered for navigational use. Any craft entry determined to be without valid and acceptable proof at any point during the event must purchase an EA craft registration.
  - a) Please note: purchases via S2C are potentially refundable (less £2.60 admin fee) should valid and acceptable proof of alternative registration be presented before 2pm on 13/09/22.
- 3) All participants must be competent and confident in handling their craft. A responsible adult must accompany children either by sharing a craft or paddling alongside.
- 4) All participants will wear a life preserver/buoyancy aid.
- 5) We advise participants use the official portages and keep clear of weirs and sluices. You might find it useful if your craft has a painter (a rope that is attached to the bow of a boat).
- 6) All participants must be prepared, fit and able enough to use the portages. Physical assistance cannot be expected from our volunteer marshals or others cannot be expected.
- 7) Most portages are over private property - do not trespass. Only portage at the official portage points (as described in 'S2C Route' document, on EA Navigation map and signage).
- 8) You are advised to keep in sight of other craft as far as is possible. Our designated sweepers are the last to depart and will adhere to the checkpoint departure times.
- 9) Participants must check in at each and every checkpoint. This is essential, as failure to do so could result in a search being made. If you cannot leave a checkpoint by the designated time, you are deemed to have withdrawn from the event.

	<b>LOCATION</b>	<b>DEPART TIME</b>
Checkpoints DAY 1	Sudbury	No later than 10.30am
	Bures	No later than 2.30pm
Checkpoints DAY 2	Wissington	No later than 10am
	Stratford St Mary	No later than 3pm

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- 10) If you are choosing to withdraw from the event:
  - a) At a checkpoint: please ensure the checkpoint marshal is notified before you leave.
  - b) Any other permissible location: contact our emergency number/s as soon as possible.
- 11) Unfortunately, there are no refunds if you withdraw before or during the event.
- 12) Please follow advice and guidance to help ensure a safe and enjoyable event for everyone. Anti-social and/or drunken behaviour will not be tolerated and can lead to expulsion from the event.
- 13) Watch out for submerged obstructions or other hazards. Report any urgent problems or incidents to our emergency number/s. If possible, pinpoint location using What3Words app.
- 14) **Weill's Disease (Leptospirosis)** - all water users should be aware of this potentially fatal infection. Transmission is usually through an open wound or abrasion but can also be caused by ingestion of contaminated water. Symptoms are often akin to flu symptoms and, if untreated, can be fatal. If you feel ill after paddling, you should tell your Doctor as soon as possible and let them know where and when you have been on the water. More info:  
<https://www.nhs.uk/conditions/leptospirosis/>
- 15) Please take every opportunity to wash your hands properly with soap and water. Although the usual toilet and hand washing facilities will be available at the checkpoints; we suggest that all participants bring along their own hand sanitiser gel.
- 16) There will once again be staggered time slots for launching on Saturday morning to help mitigate overcrowding and expedite the registration process. Please aim to arrive 10-15 minutes before your launch time so we can efficiently manage this process. Delays are possible if you arrive outside your timeslot.
- 17) Remember that boating is an 'assumed risk' sport - you paddle at your own risk. The River Stour Trust will make every effort to assist you to enjoy this event - however no liability can be accepted for any loss, injury or damage, however caused.
- 18) Please do what you can to support the Check-Clean-Dry scheme and prevent non-native species entering our waterways: [www.nonnativespecies.org/checkcleandry/](http://www.nonnativespecies.org/checkcleandry/)
- 19) The River Stour Trust reserves the right to cancel or postpone the event if circumstances beyond our reasonable control will negatively impact on safety.