



2019 S2C INFORMATION PACK

You should also get a copy of the River Stour Navigation Guide!

This pack contains:

- **Page 1&2:** Rules & Contact info
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2019 S2C RULES

When you enter this event you are agreeing to our event rules - some of which are for the safety of you and others taking part. If you cannot abide by our rules and guidance for this event then you cannot take part in S2C!

All participants undertake to:

- Agree to abide by the S2C event rules and guidance.
- Any craft booked in for this event will be registered for navigational use on the River Stour.
- Please be aware that this is a family friendly event and suitable for novices but there are points where you will have to carry your craft (portage) around obstructions, such as weirs.
- You **MUST** check in at each and every checkpoint. This is essential, as failure to do so will result in a search being made for you. If you cannot leave a checkpoint by the time listed below then you will be deemed to have withdrawn from the event.

Checkpoints DAY 1 Sudbury depart by 10.30am

Bures depart by 2.30pm

Checkpoints DAY 2 Rushbanks campsite depart by 10am

Stratford St Mary depart by 3pm

- If you withdraw from the event at a checkpoint ensure that you tell the person checking you in. If you withdraw from the event at any other place ensure that you contact either of our emergency contacts as soon as possible.
- Wear life preservers at all times.
- Watch out for submerged obstructions or other hazards. Please report any of these to the next S2C helper that you see.
- Report any urgent problems or other incidents to either of the emergency number/s listed on the reverse side of your craft safety number.
- Always use the Portages. Keep clear of weirs and sluices. At several portages there will be people to help you - you can make everyone's life easier if your craft has a painter (a rope that is attached to the bow of a boat).
- Most portages are over private property - do not trespass. Only portage at the marked portage points, all described in 'S2C Route' document and on the EA Navigation map.
- You are advised to keep in sight of other craft as far as is possible.

- Remember that boating is an 'assumed risk' sport - you paddle at your own risk. The River Stour Trust will make every effort to assist you to enjoy this event - however no liability can be accepted for any loss, injury or damage, however caused.
- DRUNKEN OR ROWDY BEHAVIOUR WILL NOT BE TOLERATED - Anyone persisting in such conduct after due warning will be evicted from the campsite and/or excluded from the event



STOP THE SPREAD – CHECK-CLEAN-DRY

We are still supporting the check-clean-dry campaign to stop the spread of non-native species on our rivers and waterways.

Please ensure your boat is clean before you arrive at the start!

More details of the scheme can be found at www.nonnativespecies.org/checkcleandry

Photography:

Last year Ally Bain photographed S2C '18 and some of you purchased images of yourselves (they're still shown on his site: <http://alb-images.com/index.php?id=rst/rst>). He has donated 20% of all sales to the RST and has since become a member of the Trust.

This year he is again photographing the entire S2C '19, though he intends to alter the locations of where he shoots the images. He's said he's planning to put on waders, stand in the safer parts of the river and from there shoot horizontally at you.

Once the weekend ends he'll be editing the images and saving them onto his website. He expects that at 3pm on Wednesday 18th September 2019 they will be available to view. If you wish to buy any images, please contact him on info@alb-images.com.

Contact information

If you need any more information than what has been provided in this pack, please email S2C@riverstourtrust.org

S2C TRANSPORT INFO

PARKING AT SUDBURY AND CATTAWADE

- You can **leave your car** in the Kingfisher car park in Sudbury for the weekend, or on the campsite, or park it in the Anglia Adventures compound at the end at Cattawade until Sunday. (Open 5pm - dusk on Fri, and 7.30 - 10am on Sat). Directions to the Anglia Adventures site: **The postcode C011 1QR gets participants close to the industrial estate, they need to continue towards Manningtree and look for wooden gates on a road corner with an S2C sign.**
 - The nearest long stay car park is at Station Road Car Park (also known as Kingfisher Car Park due to its proximity of the Kingfisher Leisure Centre). Details as below or more information at: <http://www.babergh.gov.uk/communities/parking/babergh-car-and-lorry-parks/>
- Maximum Stay: 24 to 72 hours (paid tickets) and 3 hours (free tickets) during ticketing hours, otherwise 24 hours. No return within 4 hours.
- Tariff (no charge for disabled persons, provided that a valid blue badge is on display):
Up to 3 hours – FREE / 24 hours - £2 / 48 hours - £4 / 72 hours - £6

CAR PARKING and BOAT RECOVERY at CATTAWADE

- Cattawade picnic site car park will be closed at dusk on Thursday 13 Sep.
 - There is also no parking on the road leading to the picnic site. Please instead park at Anglia Adventures Land slightly further up Bergholt Road - directions above
 - Designated car park is open: Friday 14 Sep: 17:30 to dusk / Saturday 07:30 to 10:00 / Sunday 16 Sep: All day.
 - Car access to Cattawade picnic site car park is for boat recovery only to be strictly controlled by RST marshals.
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- The **campsite** at Wissington will be open from Friday 14th for you to leave your tent.
 - A 16-seater **mini bus** will leave Cattawade at 4.30pm **on Sunday** to the campsite, with a second trip leaving Cattawade at 6pm to the campsite and on to the Kingfisher car park. **Tickets** cost £3.50 which may be bought from s2c site marshal at the campsite on Friday or Saturday (recommended), or from our admin tent at Cattawade on Sunday if there are places left. We ask our paddlers to help each other with lifts.
 - **Saturday evening shuttle bus** between the campsite and Anchor, Nayland. First trip from campsite at 6.30pm, then approx. every 25 mins until **last bus back at 10.30pm.**
ANYONE DEEMED OVER THE ALCOHOL LIMIT WILL NOT BE CARRIED.
Return tickets cost £3.50, available from RST marshals on the campsite, **not** on the bus.

Outline - Saturday 15 September

8.00 am – 10.30 am -Registration!

Once you have your craft safety number (we are providing wristbands) then this is how we shall identify you as you make your way down the river. Our volunteer marshals will be checking you in and out at the checkpoints at Bures Recreation Ground and the campsite on Saturday and Sunday; and the checkpoints at Stratford St Mary and Cattawade on Sunday.

8.30 am - First departures leave – this allows our marshals and stewards to be in position before you arrive!

Hired a craft from Outdoor Hire Centre or from us? Once you have registered, collect your craft from Stour Valley Adventure Centre (A 10 minute walk from The Granary - we can provide a map to find it on request) and you can start paddling from there.

10.30 am - Last departures deadline- The Grim Sweepers will follow you down the river, ready to assist if you have a problem. Look out for their black t-shirts!

First Portage is at Great Cornard but the lock will also be operated by our volunteer marshals should you like to take the opportunity to stay in your craft! There are more portages until you reach...

Checkpoint at Bures Recreation Ground, Check in then stop for lunch. When you reach here you will be halfway through Day 1! Well done! Food is on sale from Bures Scout and Guide Support Group and there will be an ice cream van from Aaron Whippy. Portaloos will be on site.

2.30 pm deadline for leaving Bures – remember to check out!

Portage through private garden at Woringford Mill - Please keep to designated path and use portage jetties.

Checkpoint at Rushbanks Farm Campsite - End of Day 1! Remember to check in!

Toilets onsite. Our volunteers will gladly feed you a buttered bun and a hot drink, while you recuperate!

Saturday Evening Food - Queen Bee will serve coffee from 4pm. Why not head to The Anchor Inn at Nayland? Once again there is a shuttle bus service to The Anchor at Nayland. £3.50 return bus tickets can be bought on the campsite at our base on Saturday (see notice onsite for times and info).

SATURDAY - ROUTE AND PORTAGE INFORMATION – DAY 1

Remember: **Always use the Portages.** Keep clear of weirs and sluices.

- Once you are in Sudbury town centre, follow the signs to the Quay Theatre. As in previous years, The Quay Lane Car Park is for dropping off craft and participants only – there is **NO CAR PARKING** due to lack of space. You can park at the long stay car park near the Kingfisher Leisure Centre and walk back to The Granary.
- (those able to come to The Granary on Friday between 5.30pm until 9.30pm can have their craft stored overnight – you will not be able to obtain your craft safety number until Saturday morning!)

• ***8am-10.30am* Registration at The Granary, CO10 2AN**

8.30am – first departure but only once you have your craft safety number!

- **Cornard Weir & Lock:** The weir is to be treated with caution, beware of the side jet at high water levels. Portage and lock are on the left fork above the weir. The portage is short or stay in the water to pass through the lock manned by RST volunteers.
- **Henny Weir:** Portage on the left via platforms. This weir should be treated with caution at all levels. Do **NOT** enter the Mill Pool straight ahead. This is strictly private!
- **Henny Regulator:** A 0.5 metre drop, portage on the left bank.
- **Pitmire (Daws) Hall:** Landing stage on left. Carry around weir and launch from the landing stage. Take left hand channel below Portage. Beware of concrete block immediately after the footbridge. The right bank is a nature reserve and should not be landed on under any circumstances!
- **Lamarsh Regulator:** Portage on left, via platforms.

Bures Recreation Ground, CO8 5BX – Checkpoint (& lunch stop) *check out by 2.30pm*

- Lunch stop at Recreation Ground landing stage on the left-hand bank. There are several small shops and several pubs in the village. Bures Scouts will be providing refreshments (for sale). There is a free car park across the playing fields, which is the nearest road exit. Portaloos will be installed on the Recreation Ground.
- **Bures Mill:** Do not use the fish bypass 100 metres upstream of the portage which is impassable. Portage at platform on the right and over bank. Marshals will assist your return to the river. Avoid the sluice at all costs.
- **Wormingford Mill:** Portage is accessed by taking the right fork before the weir to the landing stage and follow fenced path through private garden. Steps and lower jetty may be slippery. **Do not pass through the old lock chamber as this is highly dangerous.**
- **Rushbanks Campsite, Wissington, CO64NA – End of Day 1 Checkpoint (& optional camping)**

• PLEASE ENSURE THAT YOU CHECK IN WITH US UPON ARRIVAL!

- Check in and confirm your intention to continue the next day.

Distances from Sudbury: 1) Cornard Mill 1 mile 2) Henny Street 2.4 miles
3) Pitmire Lock 3.8 miles 4) Bures Mill 7.4 miles 5) Wormingford Mill 9 miles

RUSHBANKS FARM CAMPSITE INFORMATION & TERMS

This marks the halfway point and S2Cers are invited to bring along their own camping equipment to camp here overnight.

S2C Pitch Charges

- £15 per tent/camper/caravan
- £7.50 unoccupied per tent/camper/caravan
- A resident site warden/camper will collect your fee (cash only).

DO NOT CALL TO BOOK! We have pre-booked the large square cow field for all S2C participants (pitch costs below). However, if you want to use their main site instead (where campfires - using Rushbanks firepits only - are allowed) then the pitch cost is slightly more and you do need to book with them: <http://rushbanksfarm.co.uk/contact/>

For those wishing to set up on the Friday then please make yourself known to the campsite staff who will be on site from Midday that day. They will advise you on where to set up camp. There is a charge for unoccupied pitches should you set up on Friday and/or leave site until Monday.

On Saturday, in recognition of your sterling effort in getting this far, River Stour Trust volunteers will serve you with a free bun and a drink on arrival! There will be a shuttle bus service (for a modest fee) running between the campsite and the Anchor Inn at Nayland - who have kindly donated a 10% off voucher for S2Cers! **Please pre-book with the Anchor Inn if you intend to eat there by calling 01206 262313**

DIRECTIONS - Rushbanks Farm, Wissington, CO6 4NA.

The farm is situated on the Suffolk side of the River Stour, between Bures and Nayland on Bures Road.

- From Colchester:

Take the A134 to Nayland. At Nayland turn left, sign posted "Bures"

Follow the road for about two kms past a left hand lane sign posted "Wissington Church." There is a group of cottages on the left and shortly after a sign to the campsite. Turn left through a gate adhering to the 10mph speed limit and follow the farm track down to the waterside.

- From Bures:

Take the B1508 to Bures. In the centre of the village turn right by the Church into Nayland Road. After 3kms look for Rushbanks Farm on the left. Another 100m turn right through a gate adhering to the 10mph speed limit and follow the farm track down to the waterside.

Campsite facilities:

- Toilet block for men and women
- Portable toilets
- Portable showers
- Play area
- Chemical disposal point for caravans
- Fresh water tap
- Outdoors sink for washing dishes
- Recycling bins

Campsite Terms and Conditions

- No dogs are allowed on the campsite
- NO CAMPFIRE ON THE S2C CAMPSITE
- Campfires on main site only must be put out by campers before 10.30pm
- Only fire-pits rented from campsite are to be used
- No music or noise after 10.30pm
- No nighttime car movements between 10.30pm & 6.30am
- Drive slowly – 5mph limit on the campsite and by the entrance
- Children must be supervised at all times
- Appropriate footwear should be worn at all times
- No generators, drones or chinese lanterns allowed
- Only customers of the campsite are permitted onsite

Additional Notes:

- Booking is exclusive to respectable campers i.e. the ability to respect your fellow campers and your environment. Rushbanks reserve the right of admission.
- Lack of respect for fellow campers is almost always associated with the mismanagement of alcohol. If heavy consumption is a part of your camping ideal – please do not stay at the campsite.
- The campsite is a family site that aims to provide a safe camping environment for all. You will understand this is an open area in the countryside with changeable weather and that, by its very nature, has various risks such as slips.
- As we want everyone to enjoy their stay, it is an important condition that any visitor to the site must not excessively disturb or have a negative impact on the enjoyment of other campers.
- If any of the terms are not adhered to, you may be asked to leave the campsite.

Outline - Sunday 16 September

7.30 am - First check out– last check out at 10.00 am

Queen Bee Coffee will be ready to start your day with a dose of caffeine! Remember to take a comfort break before you depart. The sweeper crew will again follow you down the river. You can leave your tent(s) pitched until Monday if you wish (remember that there will be an unoccupied pitch charge).

The Anchor Inn at Nayland will be serving tea, coffee, bacon rolls and sausage baps on Sunday morning but please do not linger here – there is limited space and a long way to go!

Unfortunately there is a section of the river after the Anchor that is completely dry. Please be prepared to carry your craft through this section of the river. The riverbed is gravel so you won't be muddy but some sections have up to 6" of water. We will aim to have volunteers on hand to help with carrying!

Boxted Mill –Portage is through a private garden via designated path. The Environment Agency will be there with a welfare van for an emergency toilet break

Checkpoint at Stratford St Mary Waterworks– check in! Then stop for lunch and toilet facilities. The Swan will be offering a range of warming and satisfying food and drink to keep you going! Portaloo available but pub toilets only for pub customers.

3.00 pm deadline for leaving Stratford St Mary - remember to check out!

Roger Brown Lock (AKA Stratford St Mary Lock) - operated by our volunteer marshals between 1pm and 3pm only (river levels permitting).

Dedham – the lock is not in operation so portage here.

Flatford - There is a shop and toilets over the footbridge to the left. If you stop for ice-cream or the toilet please do not leave your craft in the way of others!

Flatford Lock -operated by RST volunteers between 2.30pm and 4.30pm only (river levels permitting).

Cattawade - FINISH! Remember to check in then collect a drink, biscuit and your certificate! Toilets here too!

Hired a craft for S2C?

- Paddle back to the Anglia Adventures jetty (100 metres from Cattawade Picnic Site) where your hirer's trailers will be parked to recover your boat. Do not abandon your boat at Cattawade!

BUS SERVICE at Cattawade Picnic Site

There will be 2 bus trips to take folk back to the campsite from Cattawade at 4.30 and 6 (the last bus also returns to Sudbury). £3.50 tickets can be bought on the campsite on Saturday or our RST gazebo at Cattawade Picnic Site on Sunday, if available. Buses will pick up from our bus stop at the end of the lane by the main road.

SUNDAY - ROUTE AND PORTAGE INFORMATION – DAY 2

Remember: **Always use the Portages.** Keep clear of weirs and sluices.

***7.30am-10am* Depart Rushbanks Farm, CO64NA.**

PLEASE ENSURE THAT YOU CHECK OUT!

Wissington Mill: A triple weir which is not shootable and must be portaged. Landing stage on right bank behind reeds then down steep steps to landing stage. Do **NOT** portage left.

Nayland Village: Turn left before the large EA sluice ahead to pass through the tunnel under the A134. There are portage platforms on the right to pass the weir.

Boxted Mill: Portage on left, follow marked route through private garden. Please show respect and **NO-ONE** to use garden as a toilet or lunch stop; and no scrumping! Keep clear of the sluice. The EA will have their welfare van here

Langham Flumes: A twin concrete channel full width of the river. Landing stage on right partially hidden by reeds. Rocks below flumes create fast flowing water past portage jetty where water is deep. Beyond here there are shallows and woody debris fish habitats.

Stratford St Mary, CO7 6JR – Checkpoint (& lunch stop) *check out no later than 3pm*

When arriving at Stratford St Mary, take the left fork and paddle past the waterworks landing stage, and land at the public launch jetty on the left. Toilet here and at The Swan Inn opposite whilst the restored lock is located on the island to the right. Food available at The Swan Inn

Roger Brown Lock: Continue down the right fork to portage jetty on right or stay on the water to pass through the lock between 1pm and 3pm only (operation is subject to river levels permitting).

Dedham Lock: Portage jetty on left before Lock Cottage. Carry through the field behind Lock Cottage to re-launch in Mill pond. Please note: Dedham Lock cannot be used - it needs repair.

Flatford Lock: Portage is on the right before the lock, past the lock to jetty beyond the low wall. The lock will be operated by RST volunteers between 2.30pm and 4.30pm only (river levels permitting). There is a shop and toilets over the footbridge to the left, as well as a large, National Trust owned, car park (free to NT members!). If you stop for ice-cream or the toilet please do not leave your craft in the way of others.

Judas Gap: About a mile downstream there's a barrage across the river. Take left-hand channel.

Brantham, Cattawade Bridge, CO111QW - This is the end of your journey. Congratulations!

PLEASE ENSURE THAT YOU CHECK IN AND COLLECT YOUR CERTIFICATE!

Distances from Sudbury:

6) Nayland	12.6 miles	7) Boxted Mill	16.1 miles	8) Langham Weir	16.6 miles
9) Stratford St Mary	19 miles	10) Dedham Lock	20.5 miles	11) Flatford Lock	22.5 miles
12) Brantham Lock	23.6 miles	13) Cattawade Bridge	24.4 miles	14) Manningtree	25.8 miles

River Stour Trust - 50 years of Preserving the Stour For You

2018 marked the 50th Anniversary of the founding of the River Stour Trust. The Trust was formed in 1968 to fight the proposed closure of navigation on this historic river that was first granted by an Act of 1705.

A public right of navigation remains today and is administered by the Environment Agency. However, many of the locks have disappeared and through navigation from Brundon Mill, upstream of Sudbury in Suffolk, to the sea at Brantham in Essex (a distance of approximately 25 miles) is only achievable by lighter craft such as canoes and kayaks.

For 50 years the Trust has worked tirelessly to preserve the Stour for you. It has successfully completed a number of successful projects, including:

- Restoring/re-building four of the river's original 13 locks (Great Cornard Lock was the first new lock on the river for over 200 years and Stratford St Mary Lock will mark the culmination of over 10 years back-breaking work!)
- Restoring the historic, riverside Granary building at Sudbury which hosts a variety of functions including weddings and the Trust's Tea Room;
- Rebuilding the Visitor Education Centre at Cornard which facilitates educational activities about the river's history, present and future;
- Securing public access points and slipways along the whole 25-mile length of the river;
- Unearthing an original 19th Century Stour barges from Ballingdon Cut which has been fully restored to be enjoyed by future generations;
- Acquiring equipment and training to undertake weedcutting on the river to collect and remove weed that would otherwise restrict river users.

The Trust's dedicated team of volunteers organise public events every year such as the annual Sudbury to the Sea canoeing event which attracts over 500 entrants from all over the world! The trip boats at Sudbury, Dedham and Flatford carry thousands of people every year who come to visit Constable Country and see the locations of his most famous masterpieces.

This river has a long history which we hope you will help us preserve. We could not exist without our members and supporters. It's our Stour so let's make sure we enjoy it for years to come!

Please get in touch to find out more about the Trust, its volunteering opportunities and upcoming activities and events. Visit www.riverstourtrust.org or call 01787 313199.



PRESERVING THE STOUR FOR YOU

Application for Membership

Please forward with your initial subscription payment to: The Membership Secretary
The River Stour Trust Ltd, The Granary, Quay Lane, Sudbury, Suffolk, CO102AN
Or join online at www.riverstourtrust.org

To: The Council of Management, River Stour Trust Ltd

I desire to become a member of the Trust and hereby agree if elected, to be bound by all provisions of the Memorandum and Articles of Association of the said Trust.

Name of Person

1:

Name of Person 2:

.....

Postal

Address:

.....Post
code

Telephone number/s:

.....

E-mail address:

.....

*** For couples, both must sign; for clubs and organisations, only one signature is required.**

* Signed (Person 1)

Occupation (if retired, former occupation):

* Signed (Person 2)

Occupation (if retired, former occupation):

Dated:

How did you hear about the River Stour Trust?

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Type of subscription (please tick): Please make cheques payable to 'River Stour Trust Ltd'.

- Individual or Senior Citizen Couple (a minimum of) £15 per annum []
- Couples or Club (a minimum of) £20 per annum []
- Senior Citizen (a minimum of) £10 per annum []
- Corporate (up to 20 employees) (a minimum of) £40 per annum []
- Corporate (21 employees and over) (a minimum of) £100 per annum []

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The River Stour Trust can reclaim the tax paid from your payments (25p for every £1 you give) at no additional cost to you. You are entitled to cancel this declaration at any time.

Yes, I would like tax to be reclaimed on my donations and/or subscriptions under the Gift Aid Scheme. I am a UK tax payer and pay an amount of income tax and/or capital gains tax at least equal to the tax that can be reclaimed on my donation (up to 28p for every £1 given).