## 2020 S2C INFORMATION PACK



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## S2C Emergency Contact Number: 07743 183502



River StourTrust

River Stour Trust Registered Charity No. 257806 Preserving the Stour For You

The River Stour Trust (RST) is a registered charity, led by volunteers dedicated to the restoration and conservation of the River Stour Navigation for the benefit and enjoyment of the public. The RST was set up on 12th September 1968 to fight the proposed closure of navigation on this historic river so the S2C2020 weekend is a fitting celebration of 52 years Preserving the Stour For You!

The Suffolk/Essex River Stour was one of the country's earliest statutory rights of navigation. An act of Parliament in 1705 was passed making the River Stower (Stour) navigable from Sudbury, Suffolk to Manningtree, Essex. A public right of navigation remains today and is administered by the Environment Agency. However, many of the locks have disappeared and through navigation (a distance of approximately 25miles/37km) is only achievable by craft that can be portaged such as canoes, kayaks and SUP's.

The RST is dedicated to protecting and enhancing the right of the public to navigate the River Stour. We seek to reinstate through navigation, improve river access points and campaign for a change to the byelaws to permit small, electric boats on the whole stretch of the River Stour. We share our knowledge and enjoyment about the river's history, present and future through our activities including boat trips, events and educational activities.

Sudbury to the Sea has been an important event on the RST calendar since the 1970s when a small group of paddlers would take to the water to ensure that the Navigation was used and to note any problems on the river. It was rebranded as Sudbury to the Sea (S2C) in 2005 and a few years later it was agreed to set attendance to a maximum of 300 craft. This year, Covid-19 has meant that attendance has been reduced to 100 craft. This event is a real boost as we have been forced to cease all our other activities. We thank you for supporting us and hope you enjoy the weekend.

We could not exist without our members and supporters. You can continue to help us by joining as a member, making a donation, and/or supporting our activities and events. This river has a long history which we hope you will help us preserve. Find out more:





/RiverStourTrust /Sudbury2theSea /GranaryQuayLane





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## 2020 S2C RULES

Your entry submission required acknowledgement and agreement to abide by S2C 2020 rules and guidance - some of which are for the safety of you and others taking part. This year comprises rules that relate specifically to Covid-19 and mitigations are in place to ensure risks are managed as much as possible. If you cannot abide by our rules and guidance, then you are deemed to have withdrawn from the event.

## In light of the recent announcement regarding revised restrictions that will come into effect on Monday, we ask S2Cers to be especially vigilant in adhering to the current guidelines.

#### All participants undertake to:

- 1. Ensure their craft is registered for navigational use on the River Stour. Proof will be required and there will be checks on the day. These are the legitimate options: a) A person in the craft is a current British Canoeing member b) The craft is currently registered with the Environment Agency c) You are hiring a craft from one of our Official Hire Partners d) You obtain an Environment Agency craft registration via the River Stour Trust
- 2. You must have a support vehicle, with a driver who is not participating in the event. There will be no minibus shuttle service this year to mitigate close contact with those outside of your household/support bubble.
- 3. Those participants sharing a craft must be from the same household/support bubble. Children can participate if they are sharing a craft with an adult.
- 4. All participants must be competent and confident in handling their craft. The locks will not be operated so you must be capable of managing all portages without assistance. Our volunteers will be on hand to provide guidance, but no physical assistance whatsoever at these points.
- 5. There will be no overnight storage of craft at the Granary and we will manage the launches in stages. Please aim to arrive 15 minutes before your launch time so we can manage things smoothly.
- 6. You must check in at each and every checkpoint. This is essential, as failure to do so will result in a search being made for you. If you cannot leave a checkpoint by the time listed below then you will be deemed to have withdrawn from the event.
  - a. Checkpoints DAY 1 Sudbury depart by 10.30am / Bures depart by 2.30pm
  - b. Checkpoints DAY 2- Rushbanks campsite depart by 10am / Stratford St Mary depart by 3pm
- 7. If you are withdrawing from the event:
  - a. At a checkpoint please ensure the checkpoint volunteer is notified before you leave.
  - b. At any other place ensure that you contact our emergency number/s as soon as possible.
- 8. Wear life preservers at all times whilst on the Navigation.
- 9. Watch out for submerged obstructions or other hazards. If possible, pinpoint the location using What3Words app then notify one of our volunteers.
- 10. Report any urgent problems or other incidents to our emergency number/s.
- 11. Always use the Portages. Keep clear of weirs and sluices. You might find it useful if your craft has a painter (a rope that is attached to the bow of a boat).
- 12. Most portages are over private property do not trespass. Only portage at the marked portage points, all described in 'S2C Route' document and on the EA Navigation map.
- 13. You are advised to keep in sight of other craft as far as is possible.
- 14. Remember that boating is an 'assumed risk' sport <u>you paddle at your own risk</u>. The River Stour Trust will make every effort to assist you to enjoy this event however no liability can be accepted for any loss, injury or damage, however caused.
- 15. All participants agree not to mix alcohol and boating to ensure a safe and enjoyable event for everyone. Alcohol can affect the safety of you and others. Please behave responsibly and understand that drunken and anti-social behaviour will not be tolerated. Flouting this rule results in immediate exclusion from the event without any refunds.
- 16. No one should attend the event in any capacity (participant or support crew) if:
  - a. they or a member of their household/support bubble have COVID-19 symptoms within 14 days before the event (a high temperature, a new continuous cough or a loss or change to sense of smell or taste)
  - b. has tested positive for coronavirus or is waiting for a test result.
  - c. have been contacted by the official NHS Test & Trace service.
  - d. This includes following the guidance on how long you should isolate for, any additional guidance if you have been advised to shield or government advice on travelling abroad and re-entering the UK.
  - e. The primary paddler consents to their contact details being used for test & trace purposes, if required.
- 17. Understand that social distancing may not be possible during a rescue or administration of first aid and that this may increase your risk of subsequently contracting Covid-19 or being asked to isolate.
- 18. All participants will follow advice to ensure the safety of yourself and others, including:
  - a. Maintaining social distancing wherever possible and avoid all physical contact with those outside of your household/support bubble.
  - b. Regularly washing your hands properly with soap and water for 20 seconds wherever possible.
  - c. Avoid sharing of equipment where possible and ensuring appropriate protocols and products are used for cleaning any shared equipment before and after usage.
  - d. Although the usual toilet and hand washing facilities will be available at the checkpoints; all participants should bring hand sanitiser gel and a face covering.
- 19. Understand that the measures in place may be updated, subject to government guidelines.

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## 2020 S2C TRANSPORT INFO – SUPPORT VEHICLES

For those of you taking on the role of support vehicle, thank you! You're helping us deliver an event safely during a difficult time. Here's a brief overview of your expected driving route locations.

#### Friday Evening - Rushbanks Farm Campsite, Bures Road, Wissington, Suffolk, CO6 4NA

Why not head to Rushbanks Farm Campsite to pitch up and make a weekend of it? S2Cers have been designated the Cow Field (refer to 'Campsite Info').

#### Saturday Morning - The Granary, Quay Lane, Sudbury, Suffolk, CO10 2AN

Your support vehicle needs to drop off your participant team and craft 15 minutes before your designated launch time slot. Please be careful driving down Quay Lane as it can be quite tight. Our volunteer team will direct you into the Quay Lane car park.

Once your team are dropped off and sent on their way, you'll have approximately 3 hours before your team arrive at Bures. We must ask support vehicles to leave the car park after drop off to avoid congestion. The nearest long stay car park is <u>Station Road Car Park (AKA Kingfisher Car Park)</u>. You will be able to visit Friars Meadow and perhaps see your paddlers on the river!

#### Saturday 12 Sep Lunch - Nayland Rd, Bures, CO8 5BX

Your paddlers will be making their first check in at Bures Recreation Ground:

To access this year's S2C car park at Bures, do not enter the community centre car park, but instead 100m down the road is a crossroads (as pictured). Please enter the field through the circled entrance and a volunteer will direct you to a space.

#### Saturday Evening – Rushbanks Farm Campsite, CO6 4NA

Meet your team at the campsite to enjoy your own grub or travel elsewhere to stay/eat!

Why not visit The Crown at Wormingford? It's a spacious venue with a special discounted S2C menu (just show your wristband) & live band? The Crown, Main Rd, Wormingford, Colchester CO6 3AB

#### Sunday Morning – Rushbanks Farm Campsite, CO6 4NA

The tents can be packed down now or later in the day. There is no lunch at Stratford St Mary Swan this year so are you dropping off lunch for your team? Or have they pre-ordered food from Queen Bee Coffee? After seeing your team off and hopefully being able to enjoy a little something from Queen Bee Coffee, you'll have approximately 6 hours to relax and pack up before heading on to our finishing point at Cattawade. If you would like to take a stroll and see your paddlers, the best spot is Flatford Mill which has a large car park. Please park responsibly if stopping in at other places along the river.

#### Sunday Afternoon – CO11 1QR

Parking is at Constable Park - a short walk from the S2C finish point. Please do not drive down the lane to the Picnic Site unless given the go ahead by S2C volunteer marshals. It is a single lane track and we must maintain access to and from the finishing point in case of emergencies as well as minimising congestion on the site.

Our volunteers will manage traffic flow from Constable Park to the Picnic Site for craft/paddler retrieval.





## **RUSHBANKS FARM CAMPSITE INFORMATION & TERMS**

This marks the halfway point and S2Cers are invited to bring along their own camping equipment to camp here overnight. DO NOT CALL TO BOOK! We have pre-booked the large square cow field for S2C!

S2C Pitch Charges: £15 per tent/camper/caravan - £7.50 unoccupied per tent/camper/caravan A resident site warden will collect your fee (CASH ONLY). The campsite is completely off the grid and cannot process card payments, therefore only accept cash on site.

For those wishing to set up on the Friday then please make yourself known to the campsite staff who will be on site from Midday that day. They will advise you on where to set up camp. There is a charge for unoccupied pitches should you set up on Friday and/or leave site until Monday.

DIRECTIONS - Rushbanks Farm, Wissington, CO6 4NA.

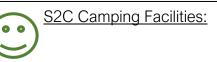
The farm is situated on the Suffolk side of the River Stour, between Bures and Nayland on Bures Road. • From Colchester:

Take the A134 to Nayland. At Nayland turn left, sign posted "Bures"

Follow the road for about two kms past a left-hand lane sign posted "Wissington Church." There is a group of cottages on the left and shortly after a sign to the campsite. Turn left through a gate adhering to the 10mph speed limit and follow the farm track down to the waterside.

• From Bures:

Take the B1508 to Bures. In the centre of the village turn right by the Church into Nayland Road. After 3kms look for Rushbanks Farm on the left. Another 100m turn right through a gate adhering to the 10mph speed limit and follow the farm track down to the waterside.



- Toilet block & Portable toilets •
- Play area & swings
- Chemical disposal point for caravans •
- Fresh water tap •
- Outdoor sink for washing dishes •
- Recycling & general waste bins •



Use of the following is NOT allowed (unless you are booked on Main Campsite):

- Showers
- Campfires or Firepits

#### **Campsite Terms and Conditions**

No dogs are allowed on the campsite NO CAMPFIRES ON THE S2C CAMPSITE Campfires on main site only must be put out by campers before 10.30pm Only fire-pits rented from campsite are to be used No music or noise after 10.30pm No nighttime car movements 10.30pm-6.30am

Drive slowly – 5mph limit on the campsite and by the entrance

Children must be supervised at all times Appropriate footwear should be worn at all times No generators, drones or chinese lanterns allowed Only customers of the campsite are permitted onsite

#### Additional Notes:

- Booking is exclusive to respectable campers i.e. the ability to respect your fellow campers and your environment.
- Rushbanks reserve the right of admission.
- Lack of respect for fellow campers is almost always associated with the mismanagement of alcohol. If heavy • consumption is a part of your camping ideal - please do not stay at the campsite.
- The campsite is a family site that aims to provide a safe camping environment for all. You will understand this is an open area in the countryside with changeable weather and that, by its very nature, has various risks such as slips.
- As we want everyone to enjoy their stay, it is an important condition that any visitor to the site must not excessively disturb or have a negative impact on the enjoyment of other campers.
- If you have not booked directly with Rushbanks Campsite, you are not permitted to camp on the main campsite, use fire pits, or use Rushbanks shower facilities.
- If any of the terms are not adhered to, you may be asked to leave the campsite.

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We support the check-clean-dry campaign to stop the spread of non-native species on our rivers and waterways.

Please ensure your boat is clean before you arrive at the start!

More details of the scheme can be found at www.nonnativespecies.org/checkcleandry

# Saturday 12 September 2020 – General Outline



### 8:00am-11:00am - Registration!

The Entry List has been issued listing Primary Paddlers alphabetically by surname confirming launch time slot and entry number. Please be sure to arrive 15 minutes before your designated time to assist us with running the event smoothly.

### The Granary, Sudbury (8:00am-11:00am)



The first S2Cers depart no earlier than 8:30am (to allow our marshals and stewards to be in position) whilst the last S2Cers are expected to depart by 10:30am.

The Grim Sweepers will follow you down the river, ready to assist if you have a problem. Look out for their black t-shirts!

Great Cornard - The lock will not be operated this year, please be aware of social distancing while using all the portages along the route.

\* CHECKPOINT \* Bures Recreation Ground remember to check in & check <u>ou</u>t!



Check in then stop for lunch. When you reach here you will be halfway through Day 1! Well done! BBQ food on sale from The Crown at Wormingford. Portaloos will be a short walk away. Check out no later than 2:30pm deadline

Portage through private garden at Wormingford Mill - Please keep to designated path and use portage jetties.



\* CHECKPOINT \* at Rushbanks Farm Campsite - End of Day 1! Remember to check in! Toilets onsite. Our volunteers will gladly feed you a buttered bun and a hot drink!

WC TOILETS



Saturday Evening Food - Why not head up to the Crown at Wormingford for dinner? S2Cers get a 10% discount if you pre-book, or 5% on the door! Just show your wristband! They've got a special S2C menu and a live band!

# DAY 1 - SATURDAY ROUTE & PORTAGES

Distances from Sudbury (miles): 3) Pitmire Lock - 3.8 1) Cornard Mill - 1 mile2) Henny Street - 2.44) Bures Mill - 7.45) Wormingford Mill - 9



**The Granary:** After registration and comfort break, affix your entry number sticker to your craft in a place visible to those on land! Everyone in the craft to wear their S2C wristband too! Set off via the jetty next to the slipway.



- Cornard Weir & Lock: The weir is to be treated with caution, beware of the side jet at high water levels. Portage and lock are on the left fork above the weir. Cornard lock will not be operated this year due to Covid-19 restrictions.
- Henny Weir: Portage on the left via platforms. Please do not stop at the Henny Swan as they will be closed and it is onloy the start of your paddle! This weir should be treated with caution at all levels. Do NOT enter the Mill Pool straight ahead. This is strictly private!
- Henny Regulator: A 0.5 metre drop, portage on the left bank.
- Pitmire (Daws) Hall: Landing stage on left. Carry around weir and launch from the landing stage. Take left hand channel below Portage. Beware of concrete block immediately after the footbridge. The right bank is a nature reserve and should not be landed on under any circumstances!
- Lamarsh Regulator: Portage on left, via platforms.



- Lunch stop at Bures Recreation Ground landing stage on the left-hand bank. There are several small shops and several pubs in the village. The Crown at Wormingford will be selling BBQ food and cold drinks. There is a free car park in the adjacent field, which is the nearest road exit. Portaloos will be installed in the S2C car park field a short walk away.
- Bures Mill: Do not use the fish bypass 100 metres upstream of the portage which is impassable. Portage at platform on the right and over bank. Avoid the sluice at all costs.
- Wormingford Mill: Portage is accessed by taking the <u>right</u> fork before the weir to the landing stage and follow fenced path through private garden. Steps and lower jetty may be slippery. Do not pass through the old lock chamber as this is highly dangerous.







Check in and confirm your intention to continue the next day.
Enjoy your own grub at the campsite or travel elsewhere to stay/eat!
Why not visit The Crown at Wormingford? Spacious venue, live band & discounted S2C menu (10% for pre-booked and 5% on the door - just show your wristband). Address: The Crown, Main Rd, Wormingford, Colchester CO6 3AB – Tel: 01787 227464 - www.thecrownwormingford.co.uk

#### S2C Emergency Contact Number: 07743 183502

# Sunday 13 September 2002 – General Outline



### 7:30 am - First check out - last check out at 10.00 am

- Queen Bee Coffee will be ready to start your day with a dose of caffeine to go! Form a socially distanced queue for drinks (and to collect any pre-ordered pastry/lunch items).
- Remember to take a comfort break before you depart!
- The sweeper crew will again follow you down the river. You can leave your tent(s) pitched until Monday if you wish (remember there's an unoccupied pitch charge).

Boxted Mill – Portage is through a private garden via designated path only.

\* <u>CHECKPOINT</u> \* at Stratford St Mary – There is no lunch stop here. Please do not linger or picnic in Stratford St Mary. There is a portaloo is in the Swan Inn Car park for those in desperate need of a comfort break. <u>Check out no</u> <u>later than 3:00pm deadline</u>

Dedham – the lock is not in operation so portage here.

Flatford - There is a shop and toilets over the footbridge to the left. If you stop for ice-cream or the toilet, please do not leave your craft in the way of others!



#### Cattawade - FINISH!

- Remember to check in then collect a drink and your certificate!
- Toilets here too! Let your support vehicle team know you've arrived, or you can take the short walk to meet them at this year's S2C car park at Constable Park.
- Our volunteers will manage traffic flow from Constable Park to the Picnic Site for craft/paddler retrieval.

#### Hired a craft for S2C?

Once you have checked in and received your certificate you must paddle back to the Anglia Adventures jetty which is part of the Constable Park site (approx. 100 metres from Cattawade Picnic Site) where your hirer's trailers will be parked to recover your boat. Do not abandon your boat at Cattawade!





WC

TOILETS



# DAY 2 - SUNDAY ROUTE & PORTAGES

Distances from Sudbury (miles): 6) Nayland - 12.6 9) Stratford St Mary - 19 12) Brantham Lock - 23.6

7) Boxted Mill - 16.1 10) Dedham Lock - 20.5 13) Cattawade Bridge - 24.4

8) Langham Weir - 16.6 11) Flatford Lock - 22.5 14) Manningtree - 25.8



CHECKPOINT (7.30am-10am) Depart Rushbanks Campsite



PLEASE ENSURE THAT YOU CHECK OUT! Check out no earlier than 7:30am, no later than 10:00am

- Wissington Mill: A triple weir which is not shootable and must be portaged. Landing stage on right bank behind reeds then down steep steps to landing stage. Do **NOT** portage left.
- Nayland Village: Turn left before the large EA sluice ahead to pass through the tunnel under the A134. There are portage platforms on the right to pass the weir.
- **Boxted Mill:** Portage on left, follow marked route through private garden. Please show respect and **NO-ONE** to use garden as a toilet or lunch stop; and no scrumping! Keep clear of the sluice.
- Langham Flumes: A twin concrete channel full width of the river. Landing stage on right partially hidden by reeds. Rocks below flumes create fast flowing water past portage jetty where water is deep. Beyond here there are shallows and woody debris fish habitats.



### CHECKPOINT at Stratford St Mary \*check out by 3:00pm\*

Stratford St Mary: Take the right fork and portage on the right at the end of the lock island. A portaloo is situated at the Swan Inn pub car park for those in desperate need of a comfort break. Please ensure your craft is not causing an obstruction before walking over the bridge, turning left to follow the footpath, cross the road and bear left to reach the Swan Inn. There is no lunch stop here. Please do not linger or picnic in Stratford St Mary.

- WC **FOILET**
- **Dedham Lock:** Portage jetty on left before Lock Cottage. Carry through the field behind Lock Cottage to re-launch in Mill pond. Dedham Lock is still unusable due to ongoing negotiations and fundraising for vital repair works. However, like the other locks, it is not operational this year due to Covid-19 restrictions.
- **Flatford Lock:** Portage is on the right before the lock, past the lock to jetty beyond the low wall. There is a shop and toilets over the footbridge to the left, as well as a WC large, National Trust owned, car park (free to NT members!). If you stop for ice-TOILETS cream or the toilet please do not leave your craft in the way of others. Flatford lock will not be operated this year due to Covid-19 restrictions.
- Judas Gap: About a mile downstream there's a barrage across the river. Take lefthand channel.

Brantham, Cattawade Bridge, CO11 1QW - This is the end of your journey. Congratulations! CHECK IN AND COLLECT YOUR CERTIFICATE!



WC TOILETS



S2C Emergency Contact Number: 07743 183502

## The Crown at Wormingford Menu and Vouchers

The Crown @ Wormingford are proud to support River Stour Trust and Homemade Spinach & Ricotta Cannelloni served with salad (V) £8.98 Homemade Vegan Curry served with rice & naan (GF)(DF)(VE) £9.95 A Willshire Butchers BBQ Ribs, served with chips (GF) £12.95 Homemade Cod bites served with chips and tartare sauce £8.95 Homemade Chicken curry served with rice & naan bread £9.95 offer all participants and their families a discount on their bill Homemade Lasagne served with salad & garlic bread £9.95 Homemade Chilli served with rice & Nacho's (GF)(DF) £9.95 Whitby Scampi, served with chips and tartare sauce £8.95 Main Courses

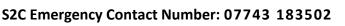












Homemade Chicken Curry, rice & naan £4.50

Homemade Cod bites & chips £4.50

Homemade Lasagne & Garlic bread £4.50

Chicken Nuggets & Chips £4.50



Sudbury to the Sea Kids Menu 2020



Sudbury to the Sea 2020

Menu

	ENTRY NUMBER		∞	63	18	64	95	39	40	41	77	78	29	70	85	53	20	25	62	66	100								
S2C 2020 Entry List - Final	Primary Paddler	Surname	Swan	Waterson	Watson	Watson	Whiting	Whitlock	Whitlock	Whitlock	Wilby	Wilby	Williams	Williams	Williams	Williamson	Woolley	Woolley	Yates	XXXXXZ	XXXXXZ								
	Primary Paddler	First Name	Andrew	James	Ruby	ta	Simon	Michael	Josh	Ella	Terry	Thea	David	Kerry	Jordan	Clive	Anthony	Grace	Louise	ZXXXXZ	ZXXXXX								
	ENTRY NUMBER		91	-	58	49	73	51	21	22	94	46	68	48	60	61	38	52	59	80	56	34	81	6	79	92	4	9	2
	Primary Paddler	Surname	Marinovic	Marsh	Mitchell	Morris	Moss	Niblett	Nichol	Nichol	Nicholls	Nixon	Norris	O Keeffe	Parker	Pearsons	Penson	Pullen	Rodgers	Rule	Scott	Sean	Smalls	Smith	Stebbings	Stonard	Swan	Swan	Swan
	Primary Paddler	First Name	Martin	Viv	Craig		Andy	Phil	Justin	Lucy	John		Carl	Neal	Matthew	Steve		Howerd	Rachel	Darren	David	Matt	Allen			James	Amelia	Isabelle	Alexandra Swan
	ENTRY NUMBER		17	13	2	11	88	93	67	16	24	27	37	33	36	50	82	65	57	19	45	72	42	12	5	66	97	35	10
	Primary Paddler	Surname	Froud	Gee	Goodchild	Hale	Hall	Halls	Hardisty	Harris	Hawkins	Haylock	Heasman	Higgins	Higgins	Hill	Hinsley	Howells	Jack	Jackson	Jones	Jordan	Kelsey	Knoetze	Ladd	Lawson	Lecombre	Legood	Little
	Primary Paddler	First Name	Ralph	Stuart	Terry	Chris	Malcolm	Martin	Peter	William	Alastair		Keziah	Ruth	Kevin	Jon	Paul	Andrew	Nick	Courtney	William	Matthew	lan	Rouzelle	Simon	Andrew	Simon	Simeon	Mark
	ENTRY NUMBER		89	23	26	15	71	76	83	84	<u> 06</u>	55	96	28	43	44	54	32	<u>98</u>	47	30	14	69	31	75	86	87	3	74
	Primary Paddler	Surname	Adcock-Jones	Anscomb	Anscomb	Auton	Ballard	Barnes	Beswick	Beswick (RA)	Bibko	Black	Blancette	Bone	Booth	Booth	Bretherton	Brooks	Bush	Carey	Carlton	Coomber	Dearman	Dixey	Emerson	Eves	Eves	Fellingham	Fellingham
	Primary Paddler	me	Steven	Nicole	Natalie	Sharon	Timothy	Jonathan	David	David	Boris	John	Carl	Eddie	Andy	Sam	Garth	Jonathan	lan	es	Paul	Keith	Matthew	Shaun		Mark	Lisa	Michael	Shaun

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